



**THE FOUNTAINS**  
AT THE CARLOTTA

**INDEPENDENT LIVING • ASSISTED LIVING  
SKILLED NURSING**



# UNRETIREMENT LIVING

As part of Watermark Retirement Communities, we are creating an extraordinary and innovative community where people thrive. More than 30 years of experience have taught us that today's seniors want more choices and are leading a more active lifestyle than generations before. That's why we have created a community filled with an abundance of options, with a wide variety of apartments and Casitas, outstanding cuisine and flexible dining options, fun events, engaging mind and body fitness classes, and endless opportunities to enjoy an active lifestyle of growth and discovery. It's all part of our culture of choice.

**IT'S NOT WHAT YOU'D EXPECT, AND THAT'S THE WHOLE POINT.**

Pristine desert foothills setting  
20-acre gated campus  
Auditorium for performances,  
movies and lectures  
Well-stocked library  
Computer center  
Beauty salon and barber shop  
Two outdoor swimming pools  
Wellness center  
Billiards and game room  
Putting green  
Rose and cactus gardens  
Club Carlotta featuring  
state-of-the-art fitness center  
and more



# AN OPTION FOR EVERY APPETITE

Dining at The Fountains at The Carlotta isn't what you'd expect from a retirement community. Delight in outstanding cuisine prepared daily by our skilled chefs who use only the freshest ingredients while professionally trained, friendly associates graciously serve every meal with impeccable attention to detail. Enjoy an elegant meal in the dining room, grab a quick cup of coffee from the Carlotta Café or perhaps you'd like to brown-bag it. With our Gourmet Bites Cuisine signature program, we are restoring the joys of dining for individuals with cognitive, physical or neuromuscular challenges, so they can enjoy favorite foods without assistance, utensils or distractions. We'll see you at our festive Sunday brunch every week, and you'll always have the option to prepare your own meal in the comfort of your apartment or Casita. At The Fountains, the choice is always yours.

Dinner served restaurant style in our elegant dining room

Sunday brunch buffet

Carlotta Café

Catering for special events

Room service





# WATERMARK UNIVERSITY



There is always something fun happening at The Fountains. Cultural programs, interesting programs and Extraordinary Outings are simply a part of everyday life, and there's always plenty to do with friendly neighbors.

Stimulating the mind and strengthening the body has enormous benefits at any age. That's why we created Watermark University. You'll love having unlimited access to all of our mind and body fitness classes just steps from your door. Our class schedule is chock full of fun options, including *Wine Appreciation* to *The Poet's Corner*, *Strength and Balance* and everything in between. These programs and classes are beneficial, engaging and fun, and you can learn (or teach) something new every day. They aren't just for residents, so call for a schedule and sign up for a class or two today.



Tai Chi  
Geology and Energy  
Desert Discovery Tour  
Intro to Sign Language  
Stargazing  
Opera 101  
Tea and Poetry  
Chair Dancing

# TOWN CENTER LIVING

At The Fountains at The Carlotta, we've created a culture built on choice. The first (and maybe the most fun) is selecting the home that's perfect for you. With many design packages to choose from and professionals ready to help you customize your apartment or Casita, you're sure to have a ball expressing your style. Please inquire for current rates and availability. We're happy to show you a variety of apartments and Casitas matching your preferences for location, view, size and price. You'll find that the residences at The Fountains are nearly as diverse as the residents themselves.



Full kitchen with frost-free refrigerator, electric oven, range and a dishwasher

Ample closet space

Move-in coordination services

Oversized windows with breathtaking courtyard or mountain views

Individually controlled heating and air conditioning

Smoke detector and sprinkler system

Resident call system

Housekeeping and maintenance services

Scheduled local transportation services





# CASITAS LIVING

Limited availability, unlimited access. That describes The Casitas to a T. Welcome to your own private sanctuary with all the space you could ever need. Living the Casita lifestyle means full access to all the benefits, services and resort-style amenities The Fountains at The Carlotta has to offer in your own private residence. If you have an eye for style, come take a look at the Casitas. You might not believe what you see.



Designer kitchens with  
granite countertops and  
modern appliances

9-foot ceilings

Carports and private storage  
areas available in select Casitas

Stunning design packages

Lush courtyards

Washer/dryer equipped laundry  
rooms

Access to all The Fountains at  
The Carlotta programming

Move-in coordination services

Wellness screenings and  
fitness lectures

Designer ceramic tile

Resident call system

Carlotta Café

State-of-the-art fitness center  
with a massage suite and  
wellness services



# THE FOUNTAINS AT THE CARLOTTA DESIGN CENTER



Ready to turn your new home into your castle? You've come to the right place. The Fountains at The Carlotta Design Center offers an impressive menu of custom upgrades, from colors to finishes and fixtures. With so many up-to-date styles from which to choose, you can make selections that reflect your unique personality, taste and lifestyle. Do you prefer a formal, casual, traditional or contemporary atmosphere?

Whatever your preference, our skilled interior design professionals are at your service. Whether you have the perfect style in mind or you're ready for suggestions, we'll help you select your kitchen cabinets and countertops, ceiling fans, bathroom fixtures and countertops, shower tile and tub surround, custom lighting, paint colors, and window and closet treatments. Our design experts will make sure your new home looks and feels just right.



# ASSISTED LIVING WITH A DIFFERENCE

When it comes to Assisted Living, we're not what you'd expect. Forget cookie-cutter apartments, associates in scrubs, boring, stereotypical activities and health care delivered on a schedule so rigid that it becomes the center of your day. Here, you'll find exceptional meals prepared just how you like them by a talented chef in whites, a varied calendar of programs and outings, and top-notch care tailored to your needs, on your schedule – not ours – 24 hours a day.

Bright, cheerful apartments with oversized windows overlooking our beautifully landscaped campus

Resident call system

Caring, expertly trained staff available 24 hours a day

Three meals created daily by our expert chefs

Housekeeping services

Transportation services

Diverse wellness programs including Watermark University classes





# FIVE-STAR SKILLED NURSING AT THE SPRINGS

Why do professionals refer so many patients to us for rehabilitation? We offer outstanding services in our extraordinary, **five-star rated, Medicare-certified** community, including **physical, occupational** and **speech therapy**. For nearly a quarter of a century, we've been helping individuals restore function, improve mobility, relieve pain and prevent or limit physical disabilities from injuries or disease.

Enjoy the ultimate experience with our **Personal Ambassador Program**. From the moment you arrive, you'll receive a warm welcome and ongoing one-on-one attention from your personal ambassador. They will be your **single point of contact**, available and responsive to you and your family throughout your stay to answer any questions, provide for every comfort and offer a reassuring voice along the way. Using your family's preferred method of communication – phone, text message, email or in person – your ambassador will keep your closest relatives informed of your progress.

Five-star Medicare rating

Three restaurant-style meals prepared daily

Personal Ambassador Program

Registered dietitian oversight

Service plans customized to meet your needs

24-hour staffing with registered nurse

Health care management and monitoring with physician oversight

Resident call response system

Flat-screen televisions and Wi-Fi internet access

Scheduled transportation services

Diverse wellness program including aquatic therapy

Luxurious semiprivate suites

On-site physical, occupational and speech therapy

On-site social services director providing counseling and referral services



At Watermark Retirement Communities, we're committed to creating extraordinary and innovative communities where people thrive. Watermark communities are known for highly trained associates, a lifestyle built on choice and innovative signature programs, including our award-winning Watermark University featuring a wide variety of engaging classes and programs for residents and locals, alike. A privately held company with a reputation for service, innovation, integrity and financial stability, Watermark manages more than 50 retirement communities nationwide and was recognized by Fortune Magazine as a Great Place to Work. Learn more about the Watermark difference at [watermarkcommunities.com](http://watermarkcommunities.com).







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A WATERMARK RETIREMENT COMMUNITY

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