

ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED	9:20 Fitness Class (A) 10:00-12:00 Creative Writing Group (CC's) 10:00 Knitting Circle (N) 10:10 Pool Class (TCP) 12:00 - 1:00 Open Gym (CC's Gym) 1:00 WU Apple & Mac Class (JR) 1:00 Shopping at Albertsons & Ralph's Washington St. (ML) 2:00 Movie (T) 6:30 Movie (T)	10:10 Fitness Class (A) 11:00 Stretch & Balance (A) 11:45 Walking Group (ML) 12:30 Bridge (NL) 12:30 Mahjongg (CC's) 1:00 Cookies, Coffee & Conversation (JR) 2:00 Movie (T) 2:00 Rummykub (JR) 2:05 Tai Chi with Renate (A) 6:30 Movie (T)	8:30 Putter's Group (PG) 9:20 Fitness Class (A) 11:00 Resistance Band Class (CC's) 12:00-1:00 Open Gym (CC's) 12:00 Bridge Group (JR) 1:00-3:00 Mahjongg (CC's) 2:00 Movie (T) 6:30 Movie (A) 6:30 Bible Study (CC's)	9:00 Shopping at Albertsons & Ralph's Country Club (ML) 9:30 Duplicate Bridge (M) 10:10 Fitness Class (A) 11:00 Stretch and Balance Class (A) 12:00-1:00 Open Gym (CC's) 12:30 Bridge (JR) 1st & 3rd 1:45 Poker Group (CC's) 2:00 Movie (T) 6:30 Movie (T)	8:30 Putter's Club (PG) 9:20 Fitness Class (A) 10:10 Pool Class (TCP) 11:00 Bible Study with Dr. Tom (A) 1:00 Bridge (CC's) 1:00 Shopping Trip (ML) 2:00 Movie (T) 3:45 Trivial Pursuit (A) 6:30 Movie (T) 6:30 WU Lecture Series (A)	10:00 Pool or Billiards (NL) 10:00-12:00 Resident Shopping (ML) 1:30-3:30 Bunco (NL) 2nd & 4th 1:30 Card Games (JR) 2:00 Movie (T) 3:30-5:00 Music Social (W) 6:30 Movie (T)
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Church Services Every Sunday 9:00 Sacred Heart Church (ML) 10:00 Catholic Communion (KL) 10:45 Church Service (A)	Medical Transportation Monday - Friday 8:00 a.m. - 4:00 p.m. Saturday and Sunday No Medical Transportation	10:00 Carlotta Games Kickoff (A) 2:00 Stay Young at Heart and Play Ball with Renate (A) 4:00 Happy Hour (A)	2:00 Carlotta Games (A)	9:30 Duplicate Bridge (M) 12:30 Bridge (JR) 2:00 Carlotta Games (A)	11:00 Agua Caliente Casino (ML) 2:00 Carlotta Games Wrap Up (A) 6:30 WU Turning Points in American History: 1933 Bold Experimentation- The New Deal (A)	10:00-12:00 Shopping at Westfield Mall (ML) 3:30-5:00 Music Social with Jeff (A)
9:00 Sacred Heart Catholic Church (ML) 10:45 Sunday Service (A) 5:00 CC's Supper Club (CC)	10:00 WU Torah Talks with Rabbi Krieman (JR) 1:00 WU Apple & Mac Class (JR)	11:00 WU History of Europe with Craig (JR) 2:05 Tai Chi with Renate Moved to CC's Gym 3:30 Carlotta Castaways Performance	2:00 Singing Fountains Rehearsal (A) 2:00 WU Discovery Series with Kasia (JR)	9:30 Duplicate Bridge (M) 10:30 WU Art Class with Joan (JR) 11:00 Stretch & Balance Class moved to the Mark	1:00 Trader Joes (ML) 3:45 Trivial Pursuit (A) 6:30 WU Turning Points in American History: 1939 Einstein's Letter - The Manhattan Project (A)	10:00-12:00 Shopping at Wal-Mart (ML) 1:30-3:30 Bunco (NL) 3:30-5:00 Oktoberfest Social with Bob (A)
9:00 Sacred Heart Catholic Church (ML) 10:45 Sunday Service (A) 1:00 Sight Seeing Outing (ML) 5:00 CC's Supper Club (CC)	11:00 Brain Games (JR) 1:00 WU Apple & Mac Class (JR)	11:00 Alps Village Lunch Outing (ML) 2:05 Tai Chi with Renate (A) 4:00 Happy Hour (A)	10:00 Oak Glenn Outing (ML)	10:17 California ShakeOut Drill (A) 12:30 Bridge (JR)	2:00 WU DIY Halloween Pumpkins (A) 3:45 Trivial Pursuit (A) 6:30 WU Turning Points in American History: 1942 Surprise - The Battle of Midway (A)	10:00-12:00 Shopping at Target (ML) 3:30-5:00 Music Social with Jeff (A)
9:00 Sacred Heart Catholic Church (ML) 10:45 Sunday Service (A) 5:00 CC's Supper Club (CC)	1:00 WU Apple & Mac Class (JR) 3:30 Wine & Cheese Social (P)	2:05 Tai Chi with Renate (A)	10:30 FYI with Ronn (A) 2:00 Singing Fountains Rehearsal (A)	9:30 Duplicate Bridge (M) 10:30 WU Art Class with Joan (JR) 5:00 Concerts at the Park: The Pack (ML)	3:30 Meet & Greet New Residents (A) 6:30 WU Turning Points in American History: 1945 The Land of Lawns - Suburbanization (A)	10:00-12:00 Shopping at Costco (ML) 1:30-3:30 Bunco (NL) 3:30-5:00 Music Social with Jackie (A)
9:00 Sacred Heart Catholic Church (ML) 10:45 Sunday Service (A) 11:00 Golf Cart Parade (ML) 5:00 CC's Supper Club (CC)	11:00 Brain Games (JR) 1:00 WU Apple & Mac Class (JR)	2:05 Tai Chi with Renate (A) 4:00 Eureka! Dinner Outing (ML)	11:00 WU What is Instacart? (A) 2:00 Singing Fountains Rehearsal (A)	9:30 Duplicate Bridge (M) 4:00-7:00 3rd Annual Trunk or Treat (ML)	Restaurant Outings Here at the Carlotta we like to go out to eat twice a month. If you have any suggestion for a restaurant please call Vanessa at ext. 7789.	Carlotta Movie Theater Daily Showings 2:00 p.m. 6:30 p.m. If you have any request for a movie please call Vanessa at ext. 7789.

Wellness Clinics Tuesday and Thursday 10:00 a.m. - 12:00 p.m. Shuttle Service available by scheduling a pickup time with Laura at ext. 7723.	Watermark University Watermark University or WU provides meaningful opportunities to learn, teach, and grow, resulting in a life of overall wellbeing. For more information please contact Vanessa at ext. 7789.	ACTIVITY LOCATOR KEY A- Auditorium BP- Bark Park CC's- CC's Activity Room JR-Jacaranda Room KL-Koerner Lounge M- The Mark ML-Main Lobby	NL- North Lobby 2nd Floor N- The Nook PG-Putting Green TCP- Town Center Pool T- Theater W- The W Lounge WU-Watermark University Class
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OCTOBER 2019

Town Center