

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Church Services</p> <p>9:00 Sacred Heart Catholic Outing - ML</p> <p>10:00 Catholic Communion - KL</p> <p>10:45 Nondenominational Service - A</p>	<p>Watermark University</p> <p>Watermark University or WU provides meaningful opportunities to learn, teach, and grow, resulting in a life of overall wellbeing. For more information please contact Vanessa at ext. 7789.</p>	<p>9:30 Badminton (P)</p> <p>10:00 News & Coffee (S)</p> <p>11:00 Dominoes Game (S)</p> <p>2:30 Classic Movie (S)</p> <p>3:30 Bingo Social (S)</p> <p>4:30 Afternoon Stroll (S)</p> <p>6:30 Activity Baskets (S)</p>	<p>9:30 Moving to Music (S)</p> <p>10:00 Agatha Christie (S)</p> <p>10:00 Paws & Hearts Visits (S)</p> <p>11:00 Singing Devotion (S)</p> <p>2:00 Room Visits (S)</p> <p>3:00 News & Views (S)</p> <p>4:00 1940's Music Social (S)</p> <p>6:30 Bingo (A)</p>	<p>9:30 Putting Group (P)</p> <p>10:00 Glamour Hour (S)</p> <p>11:00 Humor Stories (S)</p> <p>2:30 Crafts Hour (S)</p> <p>3:30 Bingo Social (S)</p> <p>4:30 Gin Rummy Card Game (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Morning Workout (S)</p> <p>10:00 Chronicle News (S)</p> <p>11:00 Hymnal Songs of Faith (S)</p> <p>2:00 Room Visits (S)</p> <p>3:00 Karaoke Sing Along Social (S)</p> <p>4:00 Massage Therapy (S)</p> <p>6:00 Life of Ballet (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Stretch Class (S)</p> <p>10:00 DIY Greeting Cards for Thrift Store (S)</p> <p>11:00 History of Hallmark Cards (S)</p> <p>3:30-5:00 Music Social with Jeff (A)</p> <p>3:30 Bingo Social (S)</p> <p>4:30 Putting Game (S)</p> <p>6:30 Movie (T)</p>
<p>9:30 Upper Body Exercise (S)</p> <p>10:00 Carlotta News Update (S)</p> <p>10:00 Catholic Communion Service (KL)</p> <p>10:45 Sunday Church (A)</p> <p>11:00 Today in History (S)</p> <p>2:00 "Trip" to Germany (LS)</p> <p>3:00 Oktoberfest Social (S)</p> <p>4:00 Learning German Dances (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Stretch Class (S)</p> <p>10:00 Trivial Pursuit (S)</p> <p>10:00 WU Torah Talks with Rabbi Kreiman (JR)</p> <p>11:00 Current Events Discussion (S)</p> <p>1:00 WU Apple & Mac Class (JR)</p> <p>2:00 Room Visits (S)</p> <p>3:30 Malt Shop Music Social (S)</p> <p>4:30 Thought of the Day (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Ping Pong Game (S)</p> <p>10:00 Memory Mix Up (S)</p> <p>11:00 Today in History (S)</p> <p>2:30 Poems & Quotes (S)</p> <p>3:30 Bingo Social (S)</p> <p>4:30 Connect 4 Challenge Game (S)</p> <p>6:30 Activity Baskets (S)</p>	<p>9:30 Dance Exercise (S)</p> <p>10:00 Bible Verse Discussion (S)</p> <p>10:00 Paws & Hearts Visits (S)</p> <p>11:00 Dominoes Game (S)</p> <p>2:30 Shields Date Garden Outing (S)</p> <p>4:00 Blackjack Game (S)</p> <p>6:30 Bingo (A)</p>	<p>9:30 Walking Exercise (S)</p> <p>10:00 Coffee & Local Headlines (S)</p> <p>11:00 History of Music (S)</p> <p>2:30 Adult Coloring & Conversation (S)</p> <p>3:30 Bingo Social (S)</p> <p>4:30 Music Therapy (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Yoga (S)</p> <p>10:00 Desert Sun Update (S)</p> <p>11:00 Horseshoe Game (S)</p> <p>2:00 Room Visits (S)</p> <p>3:00 Name 5 Game Social (S)</p> <p>4:00 Science & Faith Discussion (S)</p> <p>6:00 Bunco (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Weight Lifting Class (S)</p> <p>10:00 Farmers: Then vs Now (LS)</p> <p>11:00 Make Your Smoothie (S)</p> <p>3:30-5:00 Oktoberfest Social with Bob (A)</p> <p>3:30 Bingo Social (S)</p> <p>4:30 Gin Rummy Game (S)</p> <p>6:30 Movie (T)</p>
<p>9:30 Balance Class (S)</p> <p>10:00 History of Sukkot (S)</p> <p>10:00 Catholic Communion Service (KL)</p> <p>10:45 Sunday Church (A)</p> <p>11:00 Torah Reading (S)</p> <p>2:00 Opera Group (S)</p> <p>3:00 Bunco Game (S)</p> <p>4:00 Table Tennis (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Kick Boxing Exercise (S)</p> <p>10:00 History of Columbus Day (S)</p> <p>11:00 Oldies but Goodies Tunes (S)</p> <p>1:00 WU Apple & Mac Class (JR)</p> <p>2:00 Room Visits (S)</p> <p>3:30 Columbus Day Social (S)</p> <p>4:30 Today in History (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Chair Dance Class (S)</p> <p>10:00 Lectures: Blind American Equality Day/White Cane Safety Day (S)</p> <p>11:00 Daily Devotions (S)</p> <p>2:00 RESIDENT COUNCIL MEETING (S)</p> <p>3:00 Humor Stories (S)</p> <p>3:30 Bingo Social (S)</p> <p>4:30 Classical Music Appreciation (S)</p> <p>6:30 Activity Baskets (S)</p>	<p>9:30 Walking Group (S)</p> <p>10:00 Word Scramble Game (S)</p> <p>10:00 Paws & Hearts Visits (S)</p> <p>11:00 Puzzle Group (S)</p> <p>2:00 Room Visits (S)</p> <p>3:00 Acrylic Painting Class (S)</p> <p>4:00 Rosary Prayer Group (S)</p> <p>6:30 Bingo (A)</p>	<p>9:30 Balance Exercise (S)</p> <p>10:00 Glamour Hour (S)</p> <p>11:00 Today in History (S)</p> <p>2:30 Short Stories (S)</p> <p>3:30 Bingo Social (S)</p> <p>4:30 Early 1960's Tunes (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Upper Body Exercise (S)</p> <p>10:00 Writing Corner: Family Origin (S)</p> <p>11:00 News & Views (S)</p> <p>2:00 Room Visits (S)</p> <p>3:00 Springs Fashion Week Social (S)</p> <p>4:00 Lectures: World Menopause Day (S)</p> <p>6:00 Opera Group (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Lower Body Exercise (S)</p> <p>10:00 News Updates (S)</p> <p>11:00 Sketch Class (S)</p> <p>2:00 La Quinta Museum: Route 66 Exhibit (KL)</p> <p>3:30-5:00 Music Social with Jeff (A)</p> <p>3:30 Bingo Social (S)</p> <p>4:30 Walk Around the Community (S)</p> <p>6:30 Movie (T)</p>
<p>9:30 Chair Aerobics (S)</p> <p>10:00 Dear Abby Discussion (S)</p> <p>10:00 Catholic Communion Service (KL)</p> <p>10:45 Sunday Church (A)</p> <p>11:00 Jewelry Creations (S)</p> <p>2:00 Basketball Toss (S)</p> <p>3:00 Famous Basketball Player Trivia (S)</p> <p>4:00 Sports Updates (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Volleyball Workout (S)</p> <p>10:00 Music Therapy (S)</p> <p>11:00 History of Hinduism (S)</p> <p>1:00 WU Apple & Mac Class (JR)</p> <p>2:00 Room Visits (S)</p> <p>3:00 Rummy Card Social (S)</p> <p>4:00 Afternoon Walk (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Salsa Dance Class (S)</p> <p>10:00 Coffee & News Hour (S)</p> <p>11:00 Dominoes Game (S)</p> <p>2:30 Baking: Resident Choice (S)</p> <p>3:30 Bingo Social (S)</p> <p>4:30 You be the Judge (S)</p> <p>6:30 Activity Baskets (S)</p>	<p>9:30 Strengthening Exercise (S)</p> <p>10:00 Good News Discussion (S)</p> <p>10:00 Paws & Hearts Visits (S)</p> <p>11:00 Poetry Circle (S)</p> <p>2:30 Flamingo Sight Seeing Outing (S)</p> <p>3:30 Broadway Musical Social (S)</p> <p>4:30 Group Meditation (P)</p> <p>6:30 Bingo (A)</p>	<p>9:30 High Impact Cardio (S)</p> <p>10:00 Golf Card Game (S)</p> <p>11:00 Word Power (S)</p> <p>2:30 Repurpose Craft (S)</p> <p>3:30 Bingo Social (S)</p> <p>4:30 Patsy Kline Old Tunes (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Ping Pong Challenge (P)</p> <p>10:00 Hot Topics: Frankenstein Friday (S)</p> <p>11:00 Bible Inspirational Quotes (S)</p> <p>2:00 Room Visits (S)</p> <p>3:00 Decorating Pumpkins Social (S)</p> <p>4:00 Environmental News Hour (P)</p> <p>6:00 Evening News Update (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Exercise Class (S)</p> <p>10:00 History of Jack O' Lanterns (LS)</p> <p>11:00 "Trip" to Famous Pumpkin Patches (LS)</p> <p>3:30-5:00 Music Social with Jackie (A)</p> <p>3:30 Bingo Social (S)</p> <p>4:30 Stretch Class (S)</p> <p>6:30 Movie (T)</p>
<p>9:30 Yoga (S)</p> <p>10:00 Day "Trip" to India (LS)</p> <p>10:00 Catholic Communion Service (KL)</p> <p>10:45 Sunday Church (A)</p> <p>11:00 Learning about Hind Dialwi (LS)</p> <p>2:00 Creating Lanterns (S)</p> <p>3:30 Monthly Resident Birthday Social with Jeff (S)</p> <p>4:30 Meet Your Neighbor (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Breathing Exercise (S)</p> <p>10:00 Lifestyle: Benefits of Health and Beauty (S)</p> <p>11:00 Hand Massage Therapy (S)</p> <p>1:00 WU Apple & Mac Class (JR)</p> <p>2:00 Room Visits (S)</p> <p>3:00 Crafts: Jewelry Designs (S)</p> <p>4:00 Desert Sun News Discussion (S)</p> <p>4:30 Frank Sinatra Tunes (S)</p> <p>6:30 Movie (T)</p>	<p>9:30 Cardio Class (S)</p> <p>10:00 Coffee & Discussion(S)</p> <p>11:00 Fast, Fun Matching Card Game (S)</p> <p>2:30 Room Visits (S)</p> <p>3:30 Bingo Social (S)</p> <p>4:30 Word Power (S)</p> <p>6:30 Activity Baskets (S)</p>	<p>9:30 Morning Workout (P)</p> <p>10:00 Writers Corner: Halloween Traditions (S)</p> <p>11:00 Trivia Challenge (S)</p> <p>2:30 Room Visits (S)</p> <p>3:30 Sip & Paint Social (S)</p> <p>4:30 Nature Walk (P)</p> <p>6:30 Bingo (A)</p>	<p>9:30 Badminton (P)</p> <p>10:00 Coffee, Cookies and Halloween Stories (S)</p> <p>11:00 Halloween Music Reminisce (S)</p> <p>2:30 Bone Card Game (S)</p> <p>3:30 Halloween Social (S)</p> <p>4:30-7:00 Trunk or Treat Festival (ML)</p> <p>6:30 Halloween Movie (T)</p>	<p>Medical Transportation</p> <p>Monday - Friday 8:00 a.m. - 4:00 p.m.</p> <p>Saturday and Sunday No Medical Transportation</p>	<p>Saturday Music Social</p> <p>Come down every Saturday to the TC Auditorium for some wine, lite snacks and entertainment. Each Saturday there will be a different performer from 3:30 p.m. - 5:00 p.m.. This is a great way to spend an afternoon.</p>
<p>Calendar subject to change without notice</p>				<p>ACTIVITY LOCATOR KEY</p>	<p>A- Auditorium KL- Koerner Lounge Room LS- Linked Senior Kiosk ML- Main Lobby P- Springs Patio S- Springs T- Theater WU- Watermark University</p>	<p>Color Code</p> <p>Blue= Watermark University</p> <p>Green= Outings outside the Community</p> <p>Red= Live Entertainment</p>

OCTOBER 2019

The Springs