

ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED	9:20 Fitness Class (A) 10:00-12:00 Creative Writing Group (CC's) 10:10 Pool Class (TCP) 12:00 -1:00 Open Gym (CC's Gym) 1:00 WU Apple & Mac Class (JR) 1:00 Shopping at Albertsons & Ralph's Washington St. (ML) 6:30 Movie (T) 8:00- 4:00 Medical Transportation	10:10 Fitness Class (A) 11:00 Stretch & Balance (A) 11:45 Walking Group (ML) 12:30 Bridge (NL) 12:30 Bridge (NL) 12:30 Mahjongg (CC's) 1:00 Cookies, Coffee & Conversation (JR) 2:00 Rummykub (JR) 2:05 Tai Chi with Renate (A) 6:30 Movie (T) 8:00-4:00 Medical Transportation	8:30 Putter's Group (PG) 9:20 Fitness Class (A) 11:00 Resistance Band Class (CC's) 12:00-1:00 Open Gym (CC's) 12:00 Bridge Group (JR) 1:00-3:00 Mahjongg (CC's) 2:00 Movie (T) 6:30 Movie (T) 6:30 Bingo (A) 6:30 Bible Study (CC's) 8:00-4:00 Medical Transportation	9:00 Shopping at Albertsons & Ralph's Country Club (ML) 10:10 Fitness Class (A) 9:30 Duplicate Bridge (M) 11:00 Stretch and Balance Class (A) 12:00-1:00 Open Gym (CC's) 12:30 Bridge (JR) 1st & 3rd 1:45 Poker Group (CC's) 2:00 Movie (T) 6:30 Movie (T) 8:00-4:00 Medical Transportation	8:30 Putter's Club (PG) 9:20 Fitness Class (A) 10:10 Pool Class (TCP) 11:00 Bible Study with Dr. Tom (A) 1:00 Bridge (CC's) 2:00 Movie (T) 3:45 Trivial Pursuit (A) 6:30 Movie (T) 6:30 WU Lecture Series (A) 8:00-4:00 Medical Transportation	10:00 Coffee Klatch (W) 10:00-12:00 Resident Shopping (ML) 1:30-3:30 Bunco (NL) 2nd & 4th 1:30 Games on your Own (JR) 2:00 Movie (T) 3:30-5:00 Music Social (W) 6:30 Movie (T) No Medical Transportation
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Church Services Every Sunday 9:00 Sacred Heart Church (ML) 10:00 Catholic Communion (KL) 10:45 Church Service (A)	Restaurant Outings At the Carlotta we have two restaurant outing twice a month. If you have a suggestion for a restaurant please call Vanessa at ext. 7789.	Carlotta Movie Theater Daily Showings 2:00 p.m. 6:30 p.m. If you have any request for a movie please call Vanessa at ext. 7789.	Watermark University Watermark University or WU provides meaningful opportunities to learn, teach, and grow, resulting in a life of overall wellbeing. For more information please contact Vanessa at ext. 7789.	9:30 Duplicate Bridge (M) 12:30 Bridge (JR) 4:15 Carlotta Castaways Dinner & Show (A)	11:00 Augustine Casino (ML) 3:45 Trivial Pursuit (JR) 4:15 Carlotta Castaways Dinner & Show (A) 6:30 WU Turning Points in American History: 1873 Bloody Sunday - Ending Reconstruction (T)	10:00-12:00 Shopping at Westfield Mall (ML) 3:30-5:00 Music Social with Johnny (A)
9:00 Sacred Heart Catholic Church (ML) 10:45 Sunday Service (A) 2:00 Dog Days of Summer: Bringing Up Baby (T) 5:00 CC's Supper Club (CC)	11:00 Brain Games: Minute Mysteries (JR) 1:00 WU Apple & Mac Class (JR)	10:30 WU Torah Talks with Rabbi Krieman (JR) 11:00 WU What is Instacart? (A) 2:05 Tai Chi with Renate (A) 4:00 Happy Hour (A)	2:00 WU The Carlotta Wellness Series (A) 6:30 BINGO (A)	9:30 Duplicate Bridge (M) 10:30 WU Art Class with Joan (JR) 4:00-4:30 Bubbly & Piano Tunes (M) 4:00 Fishermans' Landing Bar & Grill (ML)	1:00 Trader Joes (ML) 3:45 Trivial Pursuit: Hawaiian Edition (A) 6:30 WU Turning Points in American History: 1876 How the West was Won and Lost - Custer (A)	10:00-12:00 Shopping at Wal-Mart (ML) 1:30-3:30 Bunco (NL) 3:30-5:00 Music Social with Bob (A)
9:00 Sacred Heart Catholic Church (ML) 10:45 Sunday Service (A) 2:00 Dog Days of Summer: Animal Crackers (T) 5:00 CC's Supper Club (CC)	11:00 Brain Games: Jeopardy (JR) 1:00 WU Apple & Mac Class (JR) 3:30 Wine and Cheese Social (A)	11:00 WU History of Europe with Craig (JR) 2:05 Tai Chi with Renate (A) 6:00 Open Mic Night (A)	2:00 WU Discovery Series with Kasia (A) 6:30 BINGO (A)	9:30 Duplicate Bridge (M) 12:30 Bridge (JR) 4:00-4:30 Bubbly & Piano Tunes (M)	1:00 Sprouts Farmers Market (ML) 3:45 Trivial Pursuit (A) 6:30 WU Turning Points in American History: 1886 The First Red Scared (A)	10:00-12:00 Shopping at Target (ML) 3:30-5:00 Music Social with Johnny (A)
9:00 Sacred Heart Catholic Church (ML) 10:45 Sunday Service (A) 2:00 Dog Days of Summer: It Happen One Night (T) 5:00 CC's Supper Club (CC)	1:00 WU Apple & Mac Class (JR) 6:30 Hidden Hawaii Documentary (T)	2:05 Tai Chi with Renate (A) 4:00 Happy Hour (A)	11:00 Yard House Lunch Outing (ML) 6:30 BINGO (A)	9:30 Duplicate Bridge (M) 10:30 WU Art Class with Joan (JR) 2:00 WU Disaster Preparedness with Ronn (A) 4:00-4:30 Bubbly & Piano Tunes (M)	3:30 New Resident Meet & Greet Luau (A) 6:30 WU Turning Points in American History: 1898 The End of Isolation - War on Spain (A)	10:00-12:00 Shopping at Costco (ML) 1:30-3:30 Bunco (NL) 3:30-5:00 Music Social with Jeff (A)
9:00 Sacred Heart Catholic Church (ML) 10:45 Sunday Service (A) 2:00 Classic Musical Sunday: Second Chorus (T) 5:00 CC's Supper Club (CC)	1:00 WU Apple & Mac Class (JR)	10:30 Visionaries Group (JR) 2:05 Tai Chi with Renate (A) 4:00 Happy Hour at Morton's The Steakhouse (ML)	10:30 FYI with Ronn (A) 6:30 BINGO (A)	9:30 Duplicate Bridge (M) 4:00-4:30 Bubbly & Piano Tunes (M) 4:30 Candlelight Dinner (M)	1:00 Wabi Sabi Japan Living Outing: Coffee & Tea Tasting (ML) 3:45 Trivial Pursuit (A) 6:30 WU Turning Points in American History: 1900 The Promise Land - The Great Migration (A)	10:00-12:00 Shopping at Stein Mart (ML) 2:00 Hawaiian Crafts (JR) 3:30-5:00 Music Social with Jackie (A)

Wellness Clinics Tuesday and Thursday 10:00 a.m. - 12:00 p.m. Shuttle Service available by scheduling a pickup time with Laura at ext. 7723.	Committees Special Events • First Wednesday of Month •JR Food Committee• First Tuesday Every Other Month •M Building & Grounds • 2nd Tuesday Every Other Month •CC's	ACTIVITY LOCATOR KEY A- Auditorium BP- Bark Park CC's- CC's Activity Room JR-Jacaranda Room KL-Koerner Lounge M- The Mark ML-Main Lobby	A- Auditorium BP- Bark Park CC's- CC's Activity Room JR-Jacaranda Room KL-Koerner Lounge M- The Mark ML-Main Lobby NL- North Lobby 2nd Floor N- The Nook PG-Putting Green TCP- Town Center Pool T- Theater W- The W Lounge WU-Watermark University Class
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AUGUST 2019

Town Center