

ACTIVITIES IN THIS SECTION ARE REGULARLY SCHEDULED	9:20 Fitness Class (A) 10:00-12:00 Creative Writing Group (CC's) 10:00 Knitting Circle (N) 10:10 Pool Class (TCP) 12:00 -1:00 Open Gym (G) 1:00 WU Apple & Mac Class (JR) 1:00 Shopping at Albertsons & Ralph's <u>Washington St.</u> (ML) 6:30 Movie (T) 8:00- 4:00 Medical Transportation	10:10 Fitness Class (A) 11:00 Stretch & Balance (A) 11:45 Walking Group (ML) 12:30 Bridge (NL) 12:30 Bridge (NL) 12:30 Mahjongg (CC's) 1:00 Cookies, Coffee & Conversation (JR) 2:00 Rummykub (JR) 2:05 Tai Chi with Renate (A) 6:30 Movie (T) 8:00-4:00 Medical Transportation	8:30 Putter's Group (PG) 9:20 Fitness Class (A) 11:00 Resistance Band Class (G) 12:00-1:00 Open Gym (G) 12:00 Bridge Group (JR) 1:00-3:00 Mahjongg (CC's) 2:00 Movie (T) 6:30 Bingo (A) 6:30 Bible Study (CC's) 8:00-4:00 Medical Transportation	9:00 Shopping at Albertsons & Ralph's <u>Country Club</u> (ML) 10:10 Fitness Class (A) 9:30 Duplicate Bridge (M) 11:00 Stretch and Balance Class (A) 12:00-1:00 Open Gym (G) 12:30 Bridge (JR) 1st & 3rd 1:45 Poker Group (CC's) 2:00 Movie (T) 6:30 Movie (T) 8:00-4:00 Medical Transportation	8:30 Putter's Club (PG) 9:20 Fitness Class (A) 10:10 Pool Class (TCP) 11:00 Bible Study with Dr. Tom (A) 1:00 Bridge (CC's) 2:00 Movie (T) 3:45 Trivial Pursuit (A) 6:30 Movie (T) 6:30 WU Lecture Series (A) 8:00-4:00 Medical Transportation	9:20 Exercise Class with Zina (A) 10:00 Pool or Billiards (NL) 10:00-12:00 Resident Shopping (ML) 1:30-3:30 Bunco (NL) 2nd & 4th 1:30 Card Games (JR) 2:00 Movie (T) 3:30-5:00 Music Social (W) 6:30 Movie (T) No Medical Transportation
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Church Services Every Sunday 9:00 Sacred Heart Church • ML 10:00 Catholic Communion • KL 10:45 Church Service •A	11:00 WU Total Brain Health Memory 101: Train Your Brain (JR) 1:00 WU Apple & Mac Class (JR) 2:00 Carlotta Castaways Auditions (A) 1	10:30 WU Torah Talks with Rabbi Krieman (JR) 2:00 WU Patriotic Wreaths with Ronn (A) <u>2:05 Tai Chi with Renate moved to CC's Gym</u> 4:00 Happy Hour (A) 2	9:00 <u>Shopping at Albertson's & Ralph's (ML)</u> 2:00 WU The Carlotta Wellness Series: What is the Wellness Program (A) 6:30 BINGO (A) 3	9:30 Duplicate Bridge (M) 11:30 Fourth of July Picnic (A) 4	11:00 Spotlight 29 Casino (ML) 3:45 Trivial Pursuit (A) 6:30 WU Turning Points in American History: 1862 Go West, Young Man! The Homestead Act (A) 5	9:20 Exercise with Zina (A) 10:00-12:00 Shopping at Westfield Mall (A) 3:30-5:00 Music Social with Bob (A) 6
9:00 Sacred Heart Catholic Church (ML) 10:45 Sunday Service (A) 1:15 Joslyn Center Concert: Micheal Shapiro (ML) 5:00 CC's Supper Club (CC's) 7	11:00 WU Total Brain Health Memory 101: Get the List (JR) 1:00 WU Apple & Mac Class (JR) 2:00 Carlotta Castaways Rehearsal (A) 3:30 Wine and Cheese Social (A) 8	10:30 Resident Town Hall Meeting (A) 2:05 Tai Chi with Renate (A) 5:30 Chapelli's Italian Restaurant (ML) 9	2:00 WU Discovery Series with Kasia (A) 6:30 BINGO (A) 10	9:30 Duplicate Bridge (M) 10:30 WU Art Class with Joan (JR) 4:00-4:30 Bubbly & Piano Tunes (M) 11	1:00 Trader Joes (ML) 3:45 Trivial Pursuit (A) 6:30 WU Turning Points in American History: 1862 Battle of Antietam (A) 12	9:20 Exercise with Zina (A) 10:00-12:00 Shopping at Wal-Mart (A) 1:30-3:30 p.m. Bunco (NL) 3:30-5:00 Music Social with Bob (A) 13
9:00 Sacred Heart Catholic Church (ML) 10:45 Sunday Service (A) 5:00 CC's Supper Club (CC's) 14	11:00 WU Total Brain Health Memory 101: Get the Story (JR) 1:00 WU Apple & Mac Class (JR) 2:00 Carlotta Castaways Rehearsal (A) 15	11:00 WU History of Europe with Craig (JR) 2:05 Tai Chi with Renate (A) 4:00 Happy Hour (A) 16	10:30 Visionaries Group (JR) 2:00 WU Painting with Rafael (JR) 6:30 BINGO (A) 17	8:15 The Observatory Tour (ML) 9:30 Duplicate Bridge (M) 4:00-4:30 Bubbly & Piano Tunes (M) 18	1:00 Sprouts Farmers Market (ML) 3:45 Trivial Pursuit (A) 6:30 WU Turning Points in American History: 1868 Equal Protection, The 14th Amendment (A) 19	9:20 Exercise with Zina (A) 10:00-12:00 Shopping at Target (A) 3:30-5:00 Music Social with Jackie (A) 20
9:00 Sacred Heart Catholic Church (ML) 10:45 Sunday Service (A) TBA Movie Outing (ML) 5:00 CC's Supper Club (CC's) 21	11:00 WU Total Brain Health Memory 101: Remember People You Meet (JR) 1:00 WU Apple & Mac Class (JR) 2:00 Carlotta Castaways Rehearsal (A) 22	10:00-2:00 Women's Fashion Apparel (A) 2:05 Tai Chi with Renate (A) 23	10:30 FYI with Ronn (A) 11:30 Sherman's Deli (ML) 6:30 BINGO (A) 24	9:30 Duplicate Bridge (M) 10:30 WU Art Class with Joan (JR) 4:00-4:30 Bubbly & Piano Tunes (M) 4:15 Carlotta Castaways Dinner & Show (A) 25	3:00 New Resident Meet & Greet (A) 6:30 WU Turning Points in American History: 1872 Open Spaces, The National Parks (A) 26	9:20 Exercise with Zina (A) 10:00-12:00 Shopping at Costco (A) 1:30-3:30 p.m. Bunco (NL) 3:30-5:00 Music Social with Jackie (A) 27
9:00 Sacred Heart Catholic Church (ML) 10:45 Sunday Service (A) 2:00 Classic Musicals Sunday: Road to Hollywood, The (T) 5:00 CC's Supper Club (CC's) 28	11:00 WU Total Brain Health Memory 101: Total Memory Maintenance (JR) 1:00 WU Apple & Mac Class (JR) 29	11:00 WU Art Class with Stephanie (JR) 2:05 Tai Chi with Renate (A) 30	3:30 Rancho Mirage Library Lecture: Islands in the Sky: Galaxies (A) 6:30 BINGO (A) 31	Restaurant Outings At the Carlotta we have two Restaurant outings a month. If you have a suggestion for a restaurant please call Vanessa at ext. 7789.	Carlotta Movie Theater Daily Showings 2:00 p.m. 6:30 p.m. If you have any request for a movie please call Vanessa at ext. 7789.	Watermark University Watermark University or WU provides meaningful opportunities to learn , teach, and grow, resulting in a life of overall wellbeing. For more information please contact Vanessa at ext. 7789.

Wellness Clinics Tuesday and Thursday 10:00 a.m. - 12:00 p.m. Shuttle Service available by scheduling a pickup time with Laura at ext. 7723.	Committees Special Events • First Wednesday of Month •JR Food Committee• First Tuesday Every Other Month •M Building & Grounds • 2nd Tuesday Every Other Month •CC's	<h1 style="color: red;">JULY 2019</h1> <p>Town Center</p>	ACTIVITY LOCATOR KEY	A- Auditorium BP- Bark Park CC's- CC's Activity Room G- CC's Gym JR-Jacaranda Room KL-Koerner Lounge M- The Mark	ML- Main Lobby NL- North Lobby 2nd Floor PG-Putting Green TCP- Town Center Pool T- Theater W- The W Lounge WU-Watermark University Class
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Calendar subject to change without notice