

# THE SPRINGS

AT THE FOUNTAINS AT THE CARLOTTA



41-505 Carlotta Drive • Palm Desert, CA 92211  
**1-760-600-5904** • [www.watermarkcommunities.com](http://www.watermarkcommunities.com)

A WATERMARK RETIREMENT COMMUNITY

RCFE #336426769 COA #232 DEPT OF HEALTH SERVICES #250000099

INDEPENDENT LIVING • ASSISTED LIVING • REHABILITATION & SKILLED NURSING





**YOU'VE NEVER SEEN  
ANYTHING LIKE IT.**

PRISTINE DESERT  
FOOTHILLS SETTING  
20-ACRE GATED CAMPUS  
AUDITORIUM FOR  
PERFORMANCES, MOVIES AND  
LECTURES  
LIBRARY AND COMPUTER CENTER  
TWO FULL SERVICE BEAUTY  
SALONS AND A DAY SPA  
TWO OUTDOOR SWIMMING POOLS  
WELLNESS CENTER  
GAME ROOM  
PUTTING GREEN  
ROSE AND CACTUS GARDENS  
CARLOTTA CAFÉ  
FURNISHED GUEST APARTMENTS  
DIVERSE WELLNESS PROGRAMS  
INCLUDING WATERMARK  
UNIVERSITY CLASSES

When rehabilitation is what the doctor ordered, The Fountains at The Carlotta welcomes everyone. We designed our rehabilitation program with our own residents in mind, that's why we offer amenities and services you will be delighted to find in a rehabilitation setting like private and semiprivate accommodations and services tailored to individual needs. While you're here, you're welcome to take part in any of our offerings, including delicious cuisine, a full calendar of stimulating mind and body fitness activities and that's just the beginning.



**GETTING YOU  
HOME – BETTER,  
STRONGER, FASTER.**

- PERSONAL AMBASSADOR PROGRAM
- REGISTERED DIETITIAN OVERSIGHT
- SERVICE PLANS CUSTOMIZED TO YOUR NEEDS
- HEALTH CARE MANAGEMENT AND MONITORING WITH PHYSICIAN OVERSIGHT
- RESIDENT CALL SYSTEM
- FLAT SCREEN TELEVISIONS AND WIFI
- PHYSICAL, OCCUPATIONAL AND SPEECH THERAPIES
- STATE-OF-THE-ART REHABILITATION EQUIPMENT FEATURING NUSTEP
- AQUATIC THERAPY

Why do professionals refer so many patients to The Fountains at The Carlotta for rehabilitation? We offer outstanding services in our extraordinary, Medicare-certified community, including physical therapy, occupational therapy and speech therapy. For nearly a quarter century, we've been helping patients restore function, improve mobility, relieve pain and prevent or limit physical disabilities from injuries or disease.





## YOUR PERSONAL AMBASSADOR

Enjoy the ultimate experience with our Ambassador Program. From the moment you arrive, you'll receive a warm welcome and ongoing personal attention from your personal ambassador. They will be your single point of contact, available and responsive to you and your family throughout your stay to answer any questions, provide for every comfort and offer a reassuring voice along the way. Using your family's preferred method of communication – phone, text message, email or in person – your ambassador will keep your closest relatives informed of your progress. They will take time to get to know you, follow your care plan and attend to any needs that may arise while you're here. And that's not all. They'll even follow up with you after you leave to make sure you're doing well.

STRENGTH &  
BALANCE CLASS



DESSERT  
COOKING DEMO



TRY OUT THE  
FRESH SALMON  
FOR DINNER



MAKE NEW  
FRIENDS ON THE  
PUTTING GREEN



FOOD AND WINE  
PAIRING CLASS



FIRE UP THE  
COMPUTERS –  
FACEBOOK  
101 CLASS



TELL YOUR  
OWN STORY IN  
THE WRITER'S  
CIRCLE



GREET THE DAY  
WITH TAI CHI



EXPRESS  
YOURSELF IN  
PAINTING CLASS



JOIN IN THE  
MAH-JONGG  
GROUP



MATINEE –  
*CASABLANCA*



TRY SOMETHING  
NEW WITH  
AQUATIC  
THERAPY





# JUST THE FACTS

The Fountains at The Carlotta  
41-505 Carlotta Drive  
Palm Desert, CA 92211

Main: **1-760-600-5904**

Rehabilitation and Skilled Nursing  
Admissions: 1-760-340-7707

Rehabilitation and Skilled Nursing fax:  
1-760-341-9815

[carlotta.watermarkcommunities.com](http://carlotta.watermarkcommunities.com)

[carlottacontact@watermarkcommunities.com](mailto:carlottacontact@watermarkcommunities.com)



## TOTAL RESIDENCES

Independent Living	174
Assisted Living	36
Rehabilitation & Skilled Nursing	46

## COMMUNITY AMENITIES

Complimentary meal for family member upon arrival

Three restaurant style meals prepared daily

Carlotta Café

Auditorium for performances, movies and lectures

Library and Computer Center

Two full service beauty salons and a day spa

Two outdoor swimming pools

Wellness Center

Billiards and game room

Putting green

Rose and cactus gardens

Furnished guest apartments

Diverse wellness programs including Watermark University classes



## REHABILITATION AND SKILLED NURSING AT THE SPRINGS

Private and semiprivate accommodations

Personal Ambassador Program

Registered dietitian oversight

Aquatic therapy

Customized service plans

Health care management and monitoring with physician oversight

Resident call system

Flat screen televisions and Wi-Fi internet access

State-of-the-art rehabilitation equipment featuring NuStep

## CLINICAL CAPABILITIES

Physical therapy, occupational therapy and speech therapy.

Pain, Edema, Stroke or CVA, Fractures, Hip and Knee Replacements, Joint Replacements, Decreased Function or Muscular Weakness, Problems with Balance and Coordination, Self-care, Continence Management, Home Management, Visual Impairments, Aphasia, Dysarthria, Dysphagia and more.

