When rehabilitation is what the doctor ordered, The Fountains at The Carlotta welcomes everyone. We designed our rehabilitation program with our own residents in mind, that’s why we offer amenities and services you will be delighted to find in a rehabilitation setting like private and semiprivate accommodations and services tailored to individual needs. While you’re here, you’re welcome to take part in any of our offerings, including delicious cuisine, a full calendar of stimulating mind and body fitness activities and that’s just the beginning.
Why do professionals refer so many patients to The Fountains at The Carlotta for rehabilitation? We offer outstanding services in our extraordinary, Medicare-certified community, including physical therapy, occupational therapy and speech therapy. For nearly a quarter century, we’ve been helping patients restore function, improve mobility, relieve pain and prevent or limit physical disabilities from injuries or disease.
Enjoy the ultimate experience with our Ambassador Program. From the moment you arrive, you’ll receive a warm welcome and ongoing personal attention from your personal ambassador. They will be your single point of contact, available and responsive to you and your family throughout your stay to answer any questions, provide for every comfort and offer a reassuring voice along the way. Using your family’s preferred method of communication – phone, text message, email or in person – your ambassador will keep your closest relatives informed of your progress. They will take time to get to know you, follow your care plan and attend to any needs that may arise while you’re here. And that’s not all. They’ll even follow up with you after you leave to make sure you’re doing well.
STRENGTH & BALANCE CLASS

MAKE NEW FRIENDS ON THE PUTTING GREEN

TELL YOUR OWN STORY IN THE WRITER’S CIRCLE

JOIN IN THE MAH-JONGG GROUP

DESSERT COOKING DEMO

FOOD AND WINE PAIRING CLASS

GREET THE DAY WITH TAI CHI

MATINEE – CASABLANCA

TRY OUT THE FRESH SALMON FOR DINNER

FIRE UP THE COMPUTERS – FACEBOOK 101 CLASS

EXPRESS YOURSELF IN PAINTING CLASS

TRY SOMETHING NEW WITH AQUATIC THERAPY
**JUST THE FACTS**

The Fountains at The Carlotta
41-505 Carlotta Drive
Palm Desert, CA 92211

Main: **1-760-600-5904**
Rehabilitation and Skilled Nursing Admissions: 1-760-340-7707
Rehabilitation and Skilled Nursing fax: 1-760-341-9815
carlotta.watermarkcommunities.com
carlottaccontact@watermarkcommunities.com

**TOTAL RESIDES**
- Independent Living: 174
- Assisted Living: 36
- Rehabilitation & Skilled Nursing: 46

**COMMUNITY AMENITIES**
- Complimentary meal for family member upon arrival
- Three restaurant style meals prepared daily
- Carlotta Café
- Auditorium for performances, movies and lectures
- Library and Computer Center
- Two full service beauty salons and a day spa
- Two outdoor swimming pools
- Wellness Center
- Billiards and game room
- Putting green
- Rose and cactus gardens
- Furnished guest apartments
- Diverse wellness programs including Watermark University classes

## REHABILITATION AND SKILLED NURSING AT THE SPRINGS
- Private and semiprivate accommodations
- Personal Ambassador Program
- Registered dietitian oversight
- Aquatic therapy
- Customized service plans
- Health care management and monitoring with physician oversight
- Resident call system
- Flat screen televisions and Wi-Fi internet access
- State-of-the-art rehabilitation equipment featuring NuStep

## CLINICAL CAPABILITIES
- Physical therapy, occupational therapy and speech therapy.
- Pain, Edema, Stroke or CVA, Fractures, Hip and Knee Replacements, Joint Replacements, Decreased Function or Muscular Weakness, Problems with Balance and Coordination, Self-care, Continence Management, Home Management, Visual Impairments, Aphasia, Dysarthria, Dysphagia and more.