



THE FOUNTAINS
AT THE CARLOTTA

**INDEPENDENT LIVING • ASSISTED LIVING
SKILLED NURSING**

UNRETIREMENT LIVING

More than 30 years of experience have taught us that today's seniors want more choices and are leading a more active lifestyle than generations before. That's why we created a community filled with options, with a wide variety of apartments and Casitas, great cuisine and a lifestyle of growth and discovery. It's all part of our commitment to creating extraordinary and innovative communities where people thrive.

IT'S NOT WHAT YOU'D EXPECT, AND THAT'S THE WHOLE POINT.

Pristine desert foothills setting

20-acre gated campus

Auditorium for performances,
movies
and lectures

Well-stocked library

Computer center

Beauty salon and barber shop

Two outdoor swimming pools

Wellness center

Billiards and game room

Putting green

Rose and cactus gardens

Club Carlotta



AN OPTION FOR EVERY APPETITE



Dining at The Fountains at The Carlotta isn't what you'd expect from a retirement community. Do you expect your meals to be prepared by a skilled chef? Graciously served by friendly associates with impeccable attention to detail? You may feel like having an elegant meal in the dining room, a quick cup of coffee from the Carlotta Café, or perhaps you'd like to brown-bag it. Plus, with Thrive Dining™, individuals with cognitive or neuromuscular challenges can enjoy their favorite foods without assistance, utensils or distractions. We think you'll really look forward to our festive Sunday brunch every week. Of course, you may prefer to prepare your own meal in the comfort of your apartment or Casita. The choice is yours!

Dinner served restaurant style in our elegant dining room

Sunday brunch buffet

Carlotta Café

Catering for special events

Room service



WATERMARK UNIVERSITY

There is always something happening at The Fountains. Cultural programs, interesting activities and extraordinary outings are simply a part of everyday life. There's always plenty to do with friendly neighbors.

Stimulating the mind and strengthening the body has enormous benefits at any age. That's why, as part of Watermark Retirement Communities®, we created Watermark University. You'll love having unlimited access to all of our mind and body fitness classes just steps from your door. Choose from *Wine Appreciation* to *The Poets Corner*, *Strength and Balance* and everything in between. These programs and classes are beneficial, engaging and most of all, fun. Plus, they aren't just for residents. Call for a schedule and sign up for a class today.



Tai Chi
Geology and Energy
Desert Discovery Tour
Intro to Sign Language
Stargazing
Opera 101
Tea and Poetry
Chair Dancing

TOWN CENTER LIVING

At The Fountains at The Carlotta, we've created a culture built on choice. The first (and maybe the most fun) is selecting the home that's perfect for you. With many design packages to choose from and professionals ready to help you customize your apartment or Casita, you're sure to have a ball expressing your style. Please inquire for current rates and availability. We're happy to show you a variety of apartments and Casitas matching your preferences for location, view, size and price. You'll find that the residences at The Fountains are nearly as varied as the residents themselves.



Full kitchen with frost-free refrigerator, electric oven, range and a dishwasher

Ample closet space

Move-in coordination services

Oversized windows with breathtaking courtyard or mountain views

Individually controlled heating and air conditioning

Smoke detector and sprinkler system

Resident call system

Housekeeping and maintenance services

Scheduled local transportation



CASITAS LIVING

Limited availability, unlimited access. That describes The Casitas to a tee. Welcome to your own private sanctuary with all the space you could ever need. Living the Casita lifestyle means full access to all the benefits, services and amenities The Fountains at The Carlotta has to offer in your own private residence. If you have an eye for style, come take a look at the Casitas. You might not believe what you see.



Designer kitchens with granite countertops and modern appliances

Nine-foot ceilings

Carports and private storage areas available in select Casitas

Stunning design packages

Lush courtyards

Washer/dryer equipped laundry rooms

Access to all of The Fountains at The Carlotta programming

Move-in coordination services

Wellness screenings and fitness lectures

Designer ceramic tile

Resident call system

Carlotta Café

State-of-the-art fitness center with a massage suite and wellness services



THE FOUNTAINS AT THE CARLOTTA DESIGN CENTER



Ready to turn your new home into your castle? You've come to the right place. The Fountains at The Carlotta Design Center offers an impressive menu of custom upgrades, from colors to finishes and fixtures. With so many up-to-date styles to choose from, you can make selections that reflect your unique personality, taste and lifestyle. Do you prefer a formal, casual, traditional or contemporary atmosphere?

Whatever your preference, our skilled interior design professionals are at your service. Whether you have the perfect style in mind or you're ready for suggestions, we'll help you select your kitchen cabinets and countertops, ceiling fans, bathroom fixtures and countertops, shower tile and tub surround, custom lighting, paint colors and window and closet treatments. Our design experts will make sure your new home looks and feels just right.



ASSISTED LIVING

When it comes to Assisted Living, we're not what you'd expect. No cookie cutter apartments, associates in scrubs, or boring, stereotypical activities. Here, you'll find meals cooked to order by a talented chef in whites, a varied calendar of programs and outings plus top notch care tailored to your needs, on your schedule – not ours, 24 hours a day.



Bright, cheerful apartments with
oversize windows overlooking our
beautifully landscaped campus

Resident call system

24-hour staffing

Three meals created daily by our
expert chefs

Housekeeping services

Transportation services

Diverse wellness programs
including Watermark
University classes

FIVE-STAR SKILLED NURSING AT THE SPRINGS

Why do professionals refer so many patients to us for Rehabilitation? We offer outstanding services in our extraordinary, **Five-star rated, Medicare-certified** community, including **physical therapy, occupational therapy** and **speech therapy**. For nearly a quarter century, we've been helping patients restore function, improve mobility, relieve pain and prevent or limit physical disabilities from injuries or disease.

Enjoy the ultimate experience with our **Ambassador Program**. From the moment you arrive, you'll receive a warm welcome and ongoing personal attention from your personal ambassador. They will be your **single point of contact**, available and responsive to you and your family throughout your stay to answer any questions, provide for every comfort and offer a reassuring voice along the way. Using your family's preferred method of communication – phone, text message, email or in person – your ambassador will keep your closest relatives informed of your progress.

Five-star Medicare Rating

Three restaurant style meals prepared daily

Personal Ambassador Program

Registered Dietitian oversight

Service plans customized to your needs

24-hour staffing with Registered Nurse

Health care management and monitoring with physician oversight

Resident call system

Flat screen televisions and Wi-Fi internet access

Scheduled transportation

Diverse wellness program including aquatic therapy

Luxurious semiprivate suites

On-site physical, occupational and speech therapy

On-site Social Services Director providing counseling and referral services



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Creating extraordinary and innovative communities where people **thrive**.



 **THE FOUNTAINS**
AT THE CARLOTTA

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A WATERMARK RETIREMENT COMMUNITY

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